

# CHRISTMAS APPEAL



## HELP SUPPORT YOUR FOOD BANK WITH FOOD AND FUNDS THIS CHRISTMAS

Brent Foodbank is currently feeding almost 1,000 people a month, over a third of whom are children, and we anticipate an increase in demand this winter.

### THANK YOU FOR YOUR SUPPORT

### DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



### BRENT FOODBANK'S CHRISTMAS GIFT VOUCHER CAMPAIGN!

Scan here for details & to donate:



### SHOPPING LIST TOP TEN ITEMS

Tinned soup  
Tinned fruit  
Tinned meat  
Tinned tomatoes  
Pasta/Cooking sauce  
Rice pudding & custard  
Long life milk  
Long life juice & squash  
Tinned fish  
Tinned vegetables

(We also accept toiletries!)

Don't  
forget...

You can help transform  
more lives with a  
financial donation too.

Brent Foodbank  
[brent.foodbank.org.uk](http://brent.foodbank.org.uk)

Registered Charity in England & Wales (1110522) Registered Charity in Scotland (SC044246).